

Effective Spending Policy: A ‘Ways and Means’ to Long-term Goals

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“The name of the investment game is not to get rich, but rather to not get poor.” – William J. Bernstein¹

The concept of a spending policy is to provide guidance and guardrails when it comes to thoughtfully using *and* protecting investment resources. It has application among all investor types – both institutional and individuals – though, in practice, a spending policy often takes on more formality and nuance for institutions.

For individuals approaching retirement, this typically means establishing a reasonable and realistic dollar figure to draw from retirement assets/savings to cover one’s regular annual expenses. If expenses and investments are managed responsibly (and markets behave), it is expected that the retiree will be able to draw this same amount plus adjustments for inflation over the entirety of their retirement years. With any luck, some amount will be left over for heirs and/or philanthropy.

For perpetual institutions like nonprofit organizations with endowed assets, the spending policy process can become more complicated given the infinite time horizon. Most endowment investors are not expecting to completely spend down their assets over time but rather draw from *and* extend the value in perpetuity.

Managing the regular spending amount is critical as it can cover both financial support to the organization’s operations (e.g., salaries) as well as direct grantmaking or other charitable programs. Thus, prudently evaluating long-term spending needs relative to projected resources (both revenue and investments) is crucial. Moreover, the methods for calculating the appropriate spending can take various forms and present various risks.

“The trustees of an endowed institution are the guardians of the future against the claims of the present. Their task is to preserve equity among generations.”²

- James Tobin
American economist
(Tobin, 1974)

What follows outlines popular methods, challenges and recent trends for spending policy considerations geared toward nonprofit investors operating with an infinite time horizon.

¹ Foreward, *“The Little Book of Main Street Money”* by Jonathon Clements

² *“What is Permanent Endowment Income?”* by James Tobin, *The American Economic Review*, May 1974, pages 427-432

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“Guardians of the Future”

Most nonprofit institutions like schools/universities, cultural institutions and foundations operate with the intent and expectation of being able to serve future constituents (students/faculty/patrons) in the same way they serve these groups today. This is the concept of “intergenerational equity.”

The fiduciaries chosen to serve such institutions must act in the best interests of the organization. The tension that builds from this duty is most often associated with fiscal matters – especially those related to endowed assets. In order to preserve the long-term purchasing power of endowed assets (i.e., inflation-adjusted dollars) and achieve intergenerational equity, both generally considered to be the most important objectives of an endowment pool, trustees/fiduciaries representing the charitable organization must follow responsible spending practices.

That begins with a thorough understanding of the organization’s financial position, which largely depends on the sustainability of both current and future inflows/outflows. For brevity, we’ll refrain from commenting on the broader topics of fiscal management and portfolio asset allocation. However, these are essential elements that should be addressed by fiduciaries with their advisor(s) before developing or choosing a spending policy. For the purposes of this paper, we assume the organization’s assets can be drawn from in a regular/recurring fashion.

Types of Spending Calculations

Nonprofit institutions use various spending policy methods, the most common of which is the ‘percent of a moving average’ calculation. Below, we expand on this approach and the “Hybrid” method.

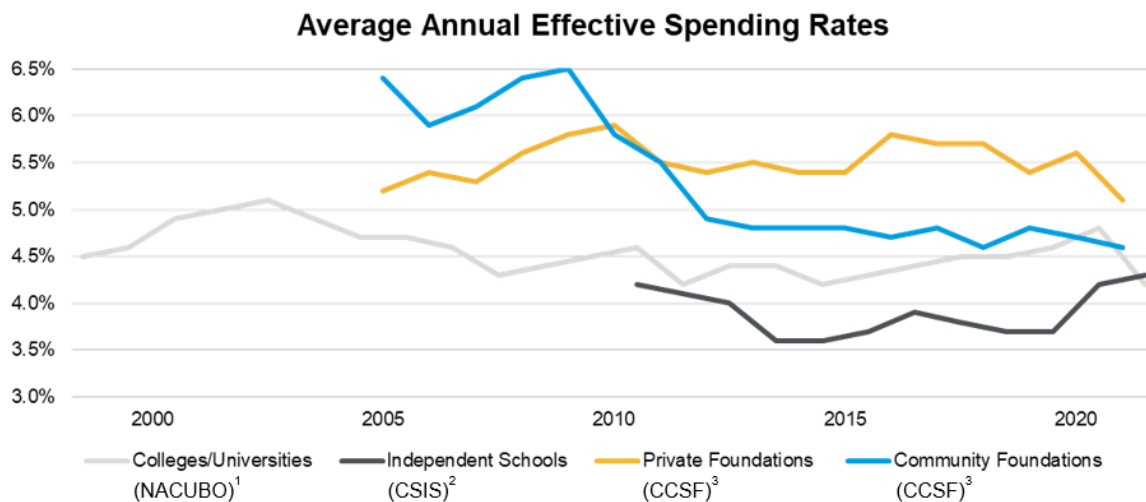
Method	Calculation	Notes	Considerations
Percent of Moving Average Rule	<p>Calculate a total spend value by applying a specified percentage (often 4-5%) to the moving average of the endowment’s market value.</p> <p>The stated spend rate is applied to a moving average value that is generally calculated annually using X-number of trailing years or prior quarter values e.g., using a 3- or 5-year lookback (or 12 to 20 quarters).</p>	<p>Far and away, it is the most common spending rule method.</p> <p>Moving average creates a smoother/less volatile figure; takes into account market fluctuations but is not whipsawed.</p> <p>Using a longer timeframe and more data points (e.g., 12 quarters vs. 3 years) will lead to less volatile values and more consistent spending.</p>	<p>Can lead to the false impression that higher spending levels in strong market conditions are sustainable.</p> <p>May produce a spend amount that is too high in a strongly declining or sustained down market.</p> <p>This could result in reduction in spending (or violation of the policy) which is when the organization may have more difficulty fundraising or require more operational support.</p>
Hybrid Rule	<p>Calculate a total spend value by combining two inputs:</p>	<p>It is less commonly used than the moving average rule.</p>	<p>Extremely starting-point sensitive (e.g., if you begin using this approach when spending dollars have been high, this may lead to</p>

	<p>- 70% using last year's spending amount adjusted for inflation, and</p> <p>- 30% according to the percent of a moving average model.</p> <p>Can also be helpful to utilize upper/lower "bands"</p> <p>e.g., spending cannot fall outside of 3-6% of the endowment value.</p>	<p>In periods of stable inflation, may provide more predictability in spending allowance.</p>	<p>higher cumulative spending over time).</p> <p>In periods of high inflation, the rule may call for drastic increases to the spending allowance. (This is why implementing upper and lower "bands" is suggested).</p> <p>It is a more complicated calculation than the moving average model.</p>
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Tracking Spending: Too much? Too little? Or Just Right?

There are several benchmarking surveys that attempt to collect financial information each year to illustrate current trends and practices. The surveys are often completed annually (looking backward) and are typically sector-specific, i.e., geared to certain nonprofit types.

Below is a chart plotting the effective spending rates over time as determined by three major studies representing colleges/universities, independent schools, and private and community foundations.



Sources: ¹NACUBO-TIAA Study of Endowments 2022 (NACUBO), Published February 23, 2023; data as of 6/30/22; ²Commonfund Benchmarks Study® of Independent Schools 2022 (CSIS), Published March 2023; data as of 6/30/22; ³Council on Foundations – Commonfund Study of Investment of Endowments for Private and Community Foundations® (CCSF) 2022, Published August 2023; data as of 12/31/22.

There is a clear narrowing range of spending rates over time among these nonprofit types (4-6%), yet there is still some variation between them and volatility (up/down) from year to year. Digging deeper, there is often a correlation between size and spend rate, where larger asset pools have lower draw rates. The assumption is that larger institutions have more diverse and/or greater sources of revenue.

Interestingly, the most recent studies point to many of these institutions making “special appropriations,” i.e., spending above what their policy normally dictates. In extraordinary circumstances like the Covid-19 pandemic, it may be appropriate to spend more. However, that should not be the expectation year in and year out.

Four Steps to Protect Your Endowment

1. Maintain a disciplined approach to spending:

- If you have a defined and functional spending policy, adhere to it.
- Approach spending policy from a long-term and disciplined perspective. Do not change your policy simply to take advantage of a larger spending allowance via a different calculation. Doing so will likely reduce your endowment corpus.

2. Be slow to take a special appropriation from your endowment:

- Do not take that special appropriation if you do not have to! It will have long-lasting impact on your cumulative spending allowance and your endowment value.
- If you must draw down extraordinary amounts, be sure to examine and abide by any restrictions that may limit use of funds.

3. Anticipate cash needs and plan accordingly:

- If you know you will need to spend from the endowment, inform your investment advisor in advance and provide as much detail as possible (e.g., amount of the draw(s), required timing, etc.). The advisor will work with you to develop a plan that considers market conditions, your target asset allocation profile and liquidity provisions of underlying assets.

4. If you have flexibility to lower your stated spending rate, do so!

- It may be increasingly difficult for most charitable organizations to lower their spending rates, especially in this current troublesome environment, and very few likely have the ability to reduce spending. But if you can reduce the endowment draw, it can have a positive impact on the endowment over the long term.

Establishing and maintaining an effective spending policy is a crucial element of fiduciary duty. We encourage trustees and other fiduciaries of nonprofit institutions to adopt smart spending policies for long-term sustainability. The examples and data provided above are illustrative but based upon real-world experience. Don't be overwhelmed; seek counsel from advisors offering practical expertise and perspective. More than anything, effective financial management can enhance the impact of nonprofit initiatives. For more information, please contact any of the professionals at Fiducient Advisors.

About the Author



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Kevin serves institutional clients by providing counsel and guidance on portfolio design, asset allocation, manager selection, investment policy statement review and overall performance monitoring. He is a member of the firm's Endowment & Foundation Committee and Mission-Aligned Investment Committee. Prior to joining the firm in 2022, he was a Director at TIFFF Investment Management (The Investment Fund for Foundations). Kevin earned a BA degree from Boston College, an MBA from University of Virginia (Darden) and is a CFA charterholder. Kevin spends free time staying active with family and friends.